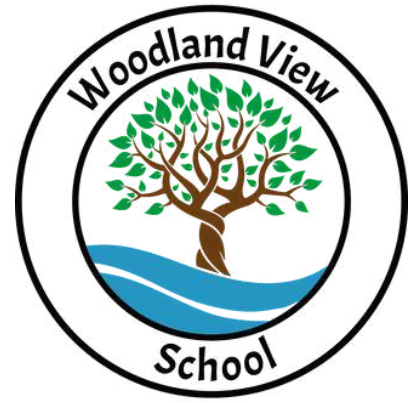


# Active Schools Summary



Woodland View School

Full Year  
2 -



# Introduction

The East Dunbartonshire Active Schools team is part of a national network, dedicated to developing and supporting the delivery of quality sporting opportunities for children and young people.

The following report showcases the key highlights for Woodland View School during 2023/2024. The new Woodland View ASN School opened in August 2023, and made sport one of their main priorities.

In partnership with Active Schools, the school have:

- developed strong links with key partners and local sports clubs;
- created sport and physical activity opportunities during the school day, at lunchtime and after school;
- introduced opportunities for pupils to try new sports e.g. Judo and Creative Dance;
- attended various events, festivals and competitions;
- created a Young Leader program for senior pupils;
- welcomed volunteers and students into the school to support their sessions.



PREPARED BY

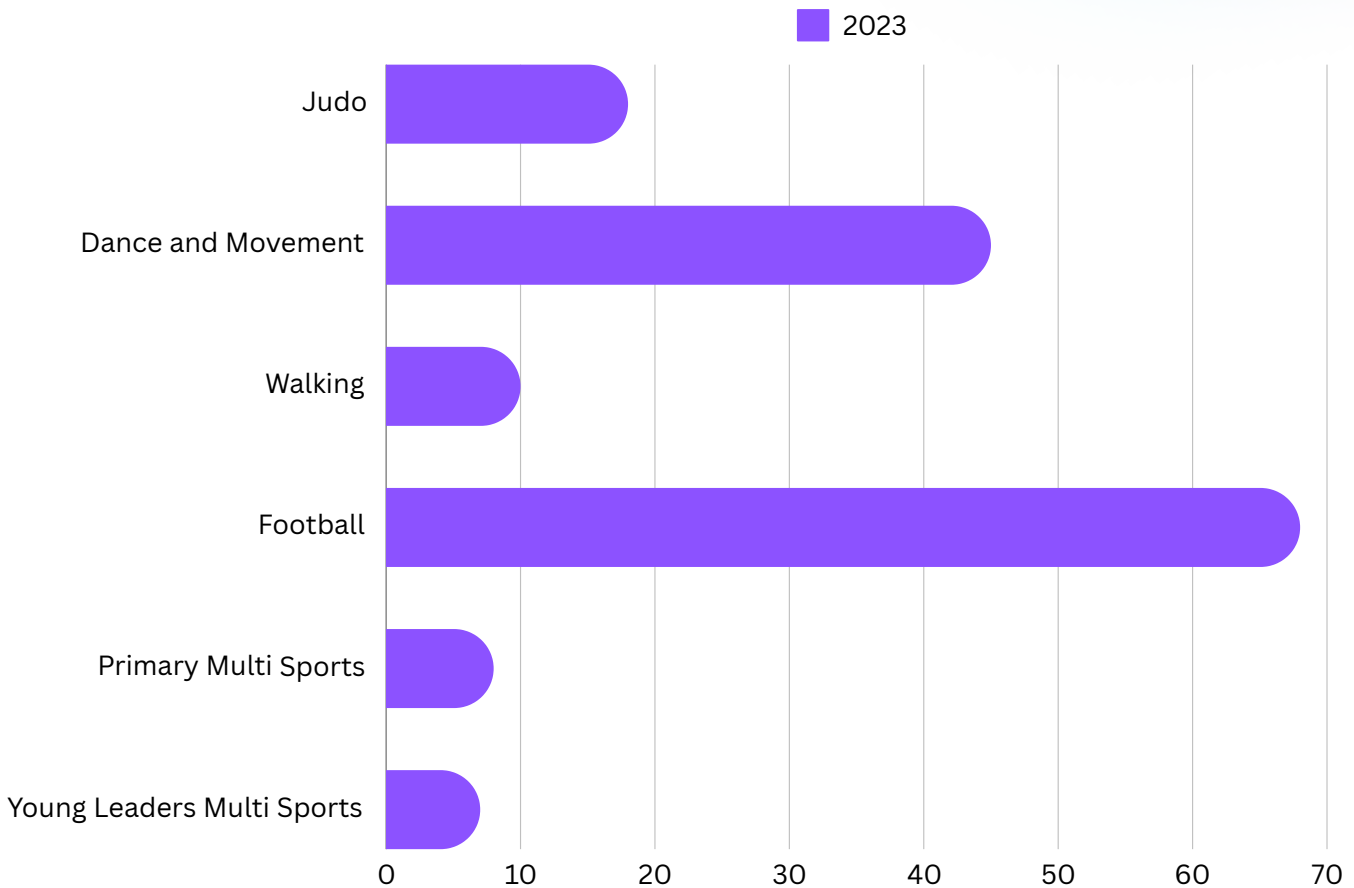
***Karen Borland &  
Karen O'Connor***

PREPARED FOR

***Woodland View  
School***

# Sessions

Number of sessions offered per activity



	Judo	Dance and Movement	Walking	Football	Primary Mult Sports	Young Leader Multi Sports
2023	18	45	10	68	8	7

The above clubs were offered as extra sporting opportunities within the school. The clubs involved both primary and secondary pupils and took place either lunchtime, after school or during the school day. Football was the highest this year with an EDLC Football coach delivering 8 weeks of Football to a number of different classes throughout the school day and after school.

Many pupils also participated in 'Rebound Therapy', 'Splash Pool' activity and extra movement / activity with class teachers and physiotherapists. The school have surveyed all teachers to gather this information.

# School Sessions

Woodland View School have fully engaged in the EDLC Football Development programme. The pupils have had the opportunity to play **Football** before school, during school and after school, as well as participating in tournaments and festivals. The school team were delighted to come 3rd place in the most recent tournament. This is a huge achievement for the school.



Whilst utilising Sportscotland funding, Woodland View School have fully embedded **Dance and Movement** into the school. YDance and a local dance coach have delivered a number of curricular and extra curricular dance sessions to pupils throughout the school year. The pupils have explored different dance styles and themes and thoroughly enjoyed the use of the dance props.

# Events

During 2023/24, pupils from Woodland View School have had the opportunity to attend many sports festivals and events. This includes a Gymnastics Festival, Kirkintilloch Cluster Dance Festival, Cross Country Event, Football Festivals and Ceilidh Dance Festival where Woodland View were the host.

All events were a huge success and allowed the pupils to try new experiences and mix with a whole range of different people and schools.



*“I had so much fun”*

*“I have never done anything like that before”*



*“When can we do it again?”*

# Young Leaders



Woodland View Senior Management Team identified x5 young people to take part in the Active Schools Young Leader Program. The pupils ranged from S3-S6 and were keen to explore leadership opportunities. Following a basic 'Introduction to Leadership' with Active Schools, the pupils participated in a block of leadership skills / activities with Dion from 'The Sporting Aces'. This included Tennis, Ball Skills and Fun Games.



The pupils then completed a block of 'Boccia Leaders' with Michael from Scottish Disability Sport. The pupils went on to deliver / support younger pupils at the school sports day. Active Schools will continue to work with the young people next year to develop further leadership skills and create more opportunities for the young people to get involved in delivery / supporting of activity both within school and the local community.



# Club Links



From August 2023, when Woodland View School opened, the priority has been for the school to build strong links with local inclusive sports clubs. This has involved taster sessions in school, blocks of activity and regular promotion of community sessions.



## KEY CLUB LINKS

- Pro Judo
- The Sporting Aces
- Aye Can Dae Zumba
- Cairns Inclusive Dance
- Bearsden Ski Club
- EDLC Sports Development

# Volunteers

This year, Woodland View School have been successful at recruiting various volunteers. Through attendance at parents nights, coffee mornings and club visits, Active Schools have been successful in recruiting parent volunteers and numerous volunteers through the Nike Ambassador programme.



The volunteers have allowed the school to create a weekly walking group for ambulant and non-ambulant pupils. The volunteers have helped push the wheelchairs and supported the pupils walking. The group have enjoyed walks in the sunshine along the local canal and explored the surrounding community.





# Sports Hub



The new Woodland View School is keen to establish itself as an **'Inclusive Sports Hub'** for East Dunbartonshire. The school is keen to create a central point for Inclusive meetings, training and clubs to come together. The aim is to bring together partners, parents, teachers, pupils and clubs to share ideas and continue to create new sporting opportunities for all.

## Inclusive Sports Forum

Active Schools in partnership with Woodland View School have created an **'Inclusive Sports Forum'** which meet once a term. Various partners including Education, EDLC Leisure, Social Work, Health, Scottish Disability Sport, Glasgow Disability Sport and Sportscotland come together to raise the profile and increase opportunities for children, young people and adults with additional support needs to engage in Physical Activity and Sport

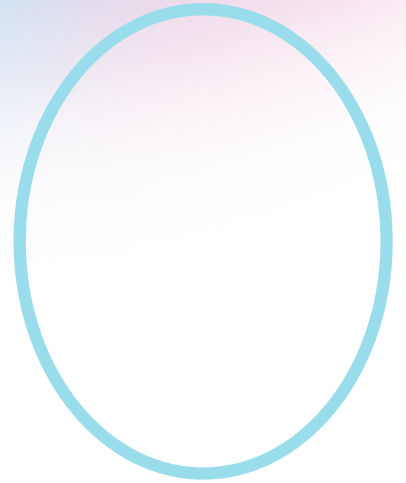
## Inclusive Training

This year Woodland View have hosted:

- Inclusive Athletics Training
- Introduction to Makaton for Sports Coaches

# Potential Areas for Growth

- Young Leaders
- Club Links
- School Sport Award
- Inclusive Training
- Stronger partnerships with ELR Units in mainstream schools.



## Additional Info

- x1 Club Night at Woodand View School for local inclusive clubs to come together to offer information and taster sessions to families.
- Continue to develop the Young Leader programme by offering further leadership training and creating opportunities for the young leaders to deliver / support sessions.
- x3 new Inclusive training courses delivered within Woodland View School.



# Thank you!

Thank you for taking the time to read this report. If you have any questions or would like to discuss our findings further, please don't hesitate to reach out to us.

**Karen Borland & Karen O'Connor**

Active Schools Coordinators

East Dunbartonshire Leisure and Culture Trust

✉ [Karen.Borland@eastdunbarton.gov.uk](mailto:Karen.Borland@eastdunbarton.gov.uk)

[Karen.Oconnor@eastdunbarton.gov.uk](mailto:Karen.Oconnor@eastdunbarton.gov.uk)